

**The Scientific Day** will have a keynote lecture from an esteemed islet researcher from outside the CIRTN network, a mentorship awards presentation and lecture and several trainee work-in progress research talks, as described in the preliminary program below:

<b>TUESDAY NOVEMBER 8<sup>th</sup>, 2022</b>	
<b><i>ALL Meeting Participants</i></b>	
<b>7:00am – 8:00pm</b>	Breakfast, Registration
<b>8:00am – 9:00am</b>	Keynote Lecture (TBD) <ul style="list-style-type: none"> <li>- From an esteemed Professor/Researcher from outside the CIRTN-R2FIC network.</li> <li>- Intended to broaden our exposure to islet biology beyond the Canadian landscape and promote important collaborative and networking opportunities.</li> </ul>
<b>9:00am – 10:15am</b>	5 Trainee Scientific Talks <ul style="list-style-type: none"> <li>- 10 minute talks/5 minute question &amp; discussion period</li> <li>- To be determined based on abstract submissions</li> </ul>
<b>10:15am – 10:30am</b>	BREAK (Coffee, Tea, Water, light snacks)
<b>10:30am – 12:30pm</b>	7 Trainee Scientific Talks <ul style="list-style-type: none"> <li>- 10 minute talks/5 minute question &amp; discussion period</li> <li>- To be determined based on abstract submissions</li> </ul>
<b>12:30am – 1:30pm</b>	LUNCH (To be provided; sandwiches, salad, fruit, water, juice)
<b>1:30pm – 3:30pm</b>	7 Trainee Scientific Talks <ul style="list-style-type: none"> <li>- 10 minute talks/5 minute question &amp; discussion period</li> </ul> To be determined based on abstract submissions
<b>3:30pm – 3:45pm</b>	BREAK Coffee, Tea, Water, light snacks)
<b>3:45pm – 5:00pm</b>	5 Trainee Scientific Talks <ul style="list-style-type: none"> <li>- 10 minute talks/5 minute question &amp; discussion period</li> </ul> To be determined based on abstract submissions
<b>5:00pm</b>	Mentorship Awards Presentation & Lecture (TBD) <ul style="list-style-type: none"> <li>- Two Mentorships awards (determined by open nomination) will be awarded.</li> <li>- One award will be given to a trainee and one to a PI, both of whom demonstrate outstanding mentorship skills, as determined by the award criteria.</li> <li>- For the PI, travel and accommodation costs will be covered (~\$1000) and the PI will be invited to give a short lecture that describes their approach to mentorship as well as share research works in progress.</li> <li>- The trainee will be given a monetary award (\$1000) and awarded with a certificate, which they can include in their CV.</li> </ul>
<b>After 6:00pm</b>	Offsite Dinner and Networking Event (open to all members)

\*\*Note, those trainees not selected for a 15-minute presentation will be invited to give a 1-minute “commercial advertisement” for their research. This will drum-up interest in their research and promote traffic at their poster at the Diabetes Canada Meeting, immediately following the CIRTN-R2FIC meeting on Nov 10-12<sup>th</sup>.

**The Training & Networking Day** will have two separate components. One component will be exclusively for trainees and is call the “ULTRA Scientists Day”. This day will be comprised of timely and important lectures, discussion and workshops geared towards professional development and education outside of the lab. The ULTRA Scientists day is being planned and run in partnership with Diabetes Action Canada as well as the newly formed H RTP group, ENRICH (formerly CCHCSP). To encourage trainee participation, the first 30 trainees to register will be offered 2 nights accommodation at the Delta Hotel in downtown Calgary, as well as free registration for the Diabetes Canada meeting that will immediately follow the CIRTN national meeting at the Telus convention centre in Calgary. This free registration to Diabetes Canada also comes with a 1-year membership to Diabetes Canada.

The second component will be for PIs and senior research personnel and will consist of team building and networking event (TBD) in an effort to increase interpersonal relationships and collaboration among Canada’s Islet researchers. The preliminary programs for these two events are below.

<b>WEDNESDAY NOVEMBER 9<sup>th</sup>, 2022</b> <b>“ULTRA Scientists Day” – Trainee Workshops</b> <i>Joint with Diabetes Action Canada &amp;CCHCSP/ENRICH</i> <b><i>PDFs, Graduate and Undergraduate Students</i></b>	
<b>8:30am – 9:00pm</b>	Breakfast, Registration
<b>9:00am – 9:10pm</b>	Welcome and land acknowledgement Co-Chairs: Susan Samuel (ENRICH) & André Tchernof (myROaD)
<b>9:10am – 9:55am</b>	Patient Engagement in Research
<b>9:55am – 10:40am</b>	Intersectionality and Anti-racism in Patient Engagement
<b>10:40am – 10:55am</b>	BREAK
<b>10:55am – 11:40am</b>	Implementation Science and Knowledge Translation
<b>12:40am – 2:40pm</b>	Grant Writing Workshop <i>“The art of writing a knowledge mobilization/translation plan”</i> Monika Castner, Research Chair in KT and Implementation Science at North York General Hospital
<b>2:40pm – 2:55pm</b>	BREAK
<b>2:55pm – 3:40pm</b>	Mentorship talk – <i>“How to Build Your Career”</i>
<b>3:40pm – 4:25pm</b>	Conflict Resolution – <i>“Having Difficult Conversations”</i>
<b>4:25pm – 4:40pm</b>	Wrap-up
<b>5:00pm – 8:00pm</b>	Pub night and Career Panel Discussion (All Participants) <i>Shoe and Canoe – Delta Hotel</i> Light hors d’oeuvres, wine and beer will be served

**WEDNESDAY NOVEMBER 9<sup>th</sup>, 2022**  
***PRINCIPAL INVESTIGATORS, STAFF, PDFs***

<b>Morning</b>	Free time
<b>1:00pm – 2:30pm</b>	CIRTN-R2FIC General Members Meeting
<b>2:30pm – 5:00pm</b>	Networking, team building event (TBD)
<b>5:00pm – 8:00pm</b>	Pub night and Career Panel Discussion (All Participants) <i>Shoe and Canoe – Delta Hotel</i> Light hors d'oeuvres, wine and beer will be served